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## Navigating Alzheimers: 12 Truths about Caring for Your Loved One

By Mary K. Doyle

ACTA Publications. Paperback. Condition: New. 128 pages. Dimensions: 7.4in. x 5.4in. x 0.4in. Journalist and author Mary K. Doyle has written a poignant but practical handbook for Alzheimers caregivers that will enlighten anyone touched by this debilitating disease. She offers straightforward guidelines for caregivers and their families, important lessons she learned in the eleven years she has been caring for her beloved husband, Marshall. She writes frankly about: recognizing the warning signs of Alzheimers; understanding the diseases typical progression; managing conflict with family and friends; the importance of caring for yourself; the emotional, physical, and financial costs of caregiving; and how, when, and where to find help-- including sound advice on making the critical choice among assisted-living facilities when that time comes. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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