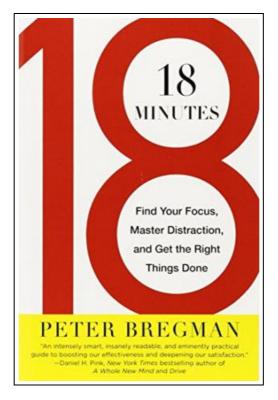
## 18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done



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