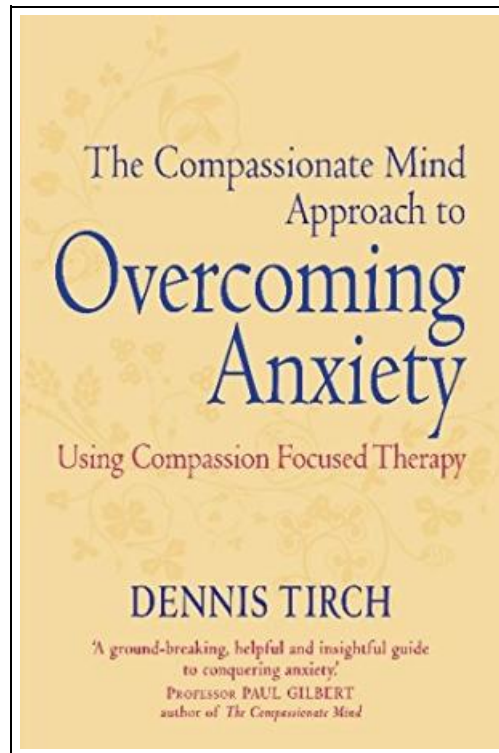


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THE COMPASSIONATE MIND APPROACH TO OVERCOMING ANXIETY

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