



## A Woman s Heart Attack: What Your Doctor May Not Tell You: What Every Women Needs to Know to Prevent, Recover, and Heal from a Heart Attack (Paperback)

By Dori A Naerbo Ph D

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. At my last cardiovascular visit, my doctor said, You ve completely healed yourself! I can see no evidence that you have had a heart attack! NOW YOU CAN LEARN HOW TO PREVENT, RECOVER AND HEAL YOURSELF STEP BY STEP. After three consecutive heart attacks and with a fourth looming like a dark cloud, I had to take action and figure out why I was sick. I had to prevent the next heart attack. Numb, depressed, paralyzed with fear, and frustrated with traditional medicine, I started my mission, determined to solve the question that no one seemed to be able to answer for me. A Woman s Heart Attack: What Your Doctor May Not Tell You is a story of my healing journey and the specific steps I took to heal myself. Early into my research about my heart disease, I began to realize that I needed to use my body, mind, and spirit as one for healing to occur. For this reason, A Woman s Heart Attack: What Your Doctor May Not Tell You is divided into three parts, which address the...



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