



Mercury Poisoning: The Undiagnosed Epidemic (Paperback)

By David Hammond

Createspace Independent Publishing Platform, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.It is impossible to avoid exposure to toxic heavy metals in today's world. This book explains how to diagnose mercury poisoning and shows how to safely remove mercury, lead, arsenic and other toxic metals from your body. The case histories in this book demonstrate how exposure to these heavy metals can lead to allergies, anxiety, chronic fatigue, fibromyalgia, colitis, autism, ADHD, multiple sclerosis, Parkinson's disease, amyotrophic lateral sclerosis and mental illnesses such as bipolar disorder and schizophrenia. The Environmental Protection Agency's limit for mercury is an intake of 7 micrograms per day for a 70 kg person. If you have dental amalgams (these silver colored fillings are actually 50% mercury) the World Health Organization estimates you are exposed to 4 to 21 micrograms per day. Over decades this adds up to hundreds of milligrams of the element that toxicologists consider the most toxic non-radioactive element. If you eat 100 grams (3.5 ounces) of tuna, you take in another 35 micrograms, or 5 times the daily limit for the average adult. We are also exposed to mercury through some vaccines...



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