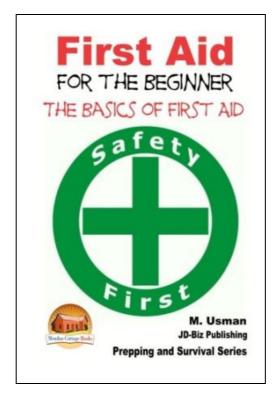
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FIRST AID FOR THE BEGINNER - THE BASICS OF FIRST AID



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand ******. First Aid for the Beginner - The Basics of First Aid Table of Contents Introduction Chapter 1 - Getting Started Chapter 2 - First Aid for Airway Obstruction Chapter 3 - First Aid for Breathing Chapter 4 - First Aid for Choking Chapter 5 - Cardiopulmonary Resuscitation (CPR) Chapter 6 - First Aid for Bleeding Chapter 7 - First Aid for Poisoning Chapter 8 - First Aid for Burns Chapter 9 - First Aid for Fractures and Dislocation Chapter 10 - First Aid for Shock Chapter 11 - First Aid for Seizures Chapter 12 - First Aid for Stings and Bites Conclusion Author Bio Introduction When it comes to defining first aid, it means the immediate care provided to an ill or injured person before a proper medical treatment is availed. In other words, first aid can be regarded as the life saving measures. But, why is it so important to know about first aid? The main purpose of first aid is to save the lives of people in life threatening accidental situations when no help is around. No doubt, the era we live in is the era of technologies, machines and modern vehicles, but unfortunately we are utilizing these facilities at the cost of our precious lives. The incidences of fire cases and road side accidents have been increasing for the past few decades. But, in most of the accidental situations, the death of the victim happens due to the lack of immediate medical treatment. Sometimes, it is not possible for the ambulance or a doctor to reach to the calamity stricken location immediately. What would you do if a friend of yours was choking in front...



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