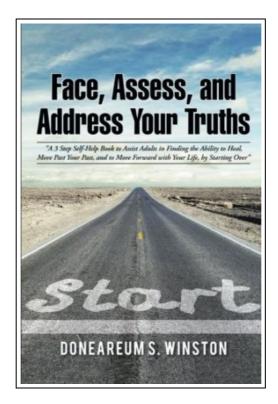
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Reviews

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FACE, ASSESS, AND ADDRESS YOUR TRUTHS BY DONEAREUM S. WINSTON: A 3 STEP SELF-HELP BOOK TO ASSIST ADULTS IN FINDING THE ABILITY TO HEAL, MOVE PAST YOUR PAST, AND TO MOVE FORWARD WITH



AUTHORHOUSE, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. After a five-year hiatus from the literary and publishing world, author Doneareum S. Winston returns with his new powerful three-step self-help book, Face, Assess, and Address Your Truths. This book is intended for adults who have had a difficult time in life to allow themselves to FACE, to see their reality for what it is in all actuality; ASSESS, to seek to intellectualize and find out why as in the reason that reality that is not the best it can be for you is indeed; and to ADDRESS, to learn how to make your life the best it can become by taking the necessary corrective actions for you. This self-help book doubles as not only a learning tool but a teaching tool as well. It can be used to not only serve and aid in helping you to get your life on the track you know it can be on but to help the next person get their life on their desired track as well. Each chapter addresses the negativity that we have all heard and had to face at some point in life by others or even ourselves. The book then describes particular scenarios that many of us endure in our everyday lives all while trying to figure our lives out to find the balance and to heal. The book asks numerous questions as well as gives much-needed advice and helpful hints as to what will work for you in attaining the positive life that you always knew that you could. This book deals with finances, love and relationships, children, parenting, and responsibility as well as many other struggles we all endure each and every day while just trying to make it...

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