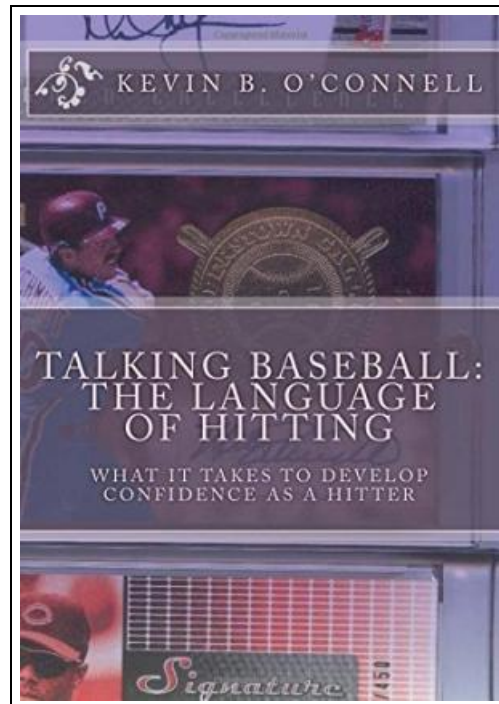


Talking Baseball the Language of Hitting: All You Need to Dominate Pitchers



Filesize: 8.94 MB

Reviews

A top quality publication as well as the typeface used was intriguing to learn. Yes, it is play, still an amazing and interesting literature. I discovered this publication from my i and dad suggested this book to learn.

(Prof. Louvenia Flatley)

TALKING BASEBALL THE LANGUAGE OF HITTING: ALL YOU NEED TO DOMINATE PITCHERS



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.It doesn't matter how old you are or the level at which you play: If you can hit, you are not going to be that 3rd inning, one at-bat guy. You are going to be in the line-up every day and the coach is going to find a place for you to play. If that's your goal, this book is for you. It not only works to make sure that you understand your own mechanics, but will ensure that you can figure out when things are off and how to fix them, how to read and adjust from one swing to the next, how to develop and master the swing path that catches the eye of scouts, college coaches and travel team coaches, how to get inside the head of the pitcher, the in-game strategies you can use to know what the pitcher is going to throw before he does and how to approach different hitting situations, and so much more. The book is broken down into easy to read and follow chapters dealing with just about everything there is to hitting. The language is consistent throughout and designed to make sure the hitter can translate what coaches are trying to say. For players, parents and coaches, there are 10+ drills that will help hitters master the ability to hit to all fields and to develop a more aggressive approach that works successfully in a larger hitting zone. There is also a chapter dedicated to finding a personal hitting coach and evaluating his effectiveness. Finally, there is a bonus chapter on hitting the curveball. I have coached and taught baseball for more than 35...



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