

Get-Real Vegan Desserts: Vegan Recipes for the Rest of Us



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Reviews

If you need to adding benefit, a must buy book. I am quite late in start reading this one, but better then never. I am happy to inform you that this is the best book i have read through during my own lifestyle and can be he best publication for at any time.
(Mrs. Phoebe Schimmel)

GET-REAL VEGAN DESSERTS: VEGAN RECIPES FOR THE REST OF US

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Borgo Press. Paperback. Condition: New. 186 pages. Dimensions: 8.8in. x 6.0in. x 0.6in. For those who practice veganism--eating neither meat nor other animal products, such as fish, milk and milk products, eggs, and honey--here is a simple, realistic cook- and recipe dessert book for busy parents, those new to a vegan diet, people with egg or dairy allergies, folks watching their cholesterol, and traditional foodies who would consider going vegan if only it werent so intimidating. Kyle Domer (aka Vegan Vagrant) says: This is a party on paper! These recipes take the hassle out of guilt-free dessert decadence. Reginald Beck (Fearless Bread) states: It lives up to its title by providing REAL dessert classics with a vegan attitude. Maltese and Wright set the standard for vegan dessert recipes, from their heavenly spice cake to their decadent peanut butter Smores cheesecake. Victor J. Banis (The Pot Thickens) adds: These two published authors prove themselves as adept with pots as they are with plots. Here, they conjure my favorite coursedessertwith mouth-watering vegan panache. Well-known author A. B. Gayle notes: GET-REAL VEGAN DESSERTS isnt just for vegans but for friends and relatives of vegans who hesitate to invite, not knowing what to feed. Apart from its great recipes, the book provides invaluable information on acceptable ingredients and how to access them. Cookbook writer Bonnie Clark says: I never dreamed there could be such a variety of decadent and delicious vegan desserts as offered up by Wright and Maltese by way of these mouth-watering recipes that so shamelessly seduce even a die-hard meat-eater like me! This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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