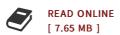




Wrapped for Success: Preparing Yourself a Meaningful Life

By Cherese Walker

iUniverse, United States, 2011. Paperback. Book Condition: New. 274 x 203 mm. Language: English . Brand New Book ****** Print on Demand ******. WRAPPED for SUCCESS is a place for non-judgmental self-exploration, self-expression, and self-development. It is a space that allows you to lovingly seek the truth of who you are. It is also a resource that will help you on your journey to creating a purposeful, ful lling life. Everything starts with you. How you view yourself, treat yourself, and present yourself to the world is directly related to your ability to create a successful and happy life. If you do not love yourself, how can you create the life of your dreams? You must rid yourself of any shame, guilt, anger, or self-hatred that is holding you back. You must also conquer the self-defeating thoughts and behaviors that place your future in jeopardy. When you love yourself, possess inner strength, and have external resources, you will find joy. You will have the ability to achieve your goals and manage life s di culties with dignity and power. You can also create stronger family bonds and raise self-con dent children who are capable of becoming healthy, productive adults. Furthermore,...



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