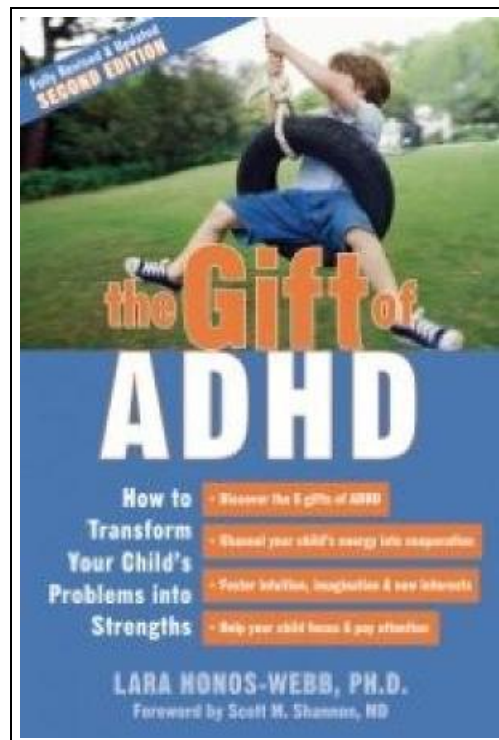


## The Gift of ADHD. 2nd edition.: How to Transform Your Child's Problems into Strengths



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## THE GIFT OF ADHD. 2ND EDITION.: HOW TO TRANSFORM YOUR CHILD'S PROBLEMS INTO STRENGTHS



New Harbinger Publications, 2010. Softcover. Book Condition: New. As a parent, you already know that your child has many gifts. What you may not know is that attention-deficit hyperactivity disorder (ADHD)-related symptoms--the very qualities that lead him or her to act out and distract others--may be among them. This second edition of *The Gift of ADHD* includes compelling new research indicating that the impulses that lead your child to act exuberantly may correspond with unusual levels of creativity and a heightened capacity for insight into the feelings and emotions of others. Could it be that ADHD is not a hindrance, but an asset in our fast-paced digital age? ADHD expert Lara Honos-Webb presents the evidence for this revolutionary concept and explains how you can help your child develop control over inattentive, hyperactive behavior and enhance the five gifts of ADHD: creativity, attunement to nature, interpersonal intuition, energetic enthusiasm, and emotional sensitivity. Filled with easy skill-building activities you and your child can do together, this book will help your child transform problematic symptoms into strengths, then build the self-esteem they need to let those gifts shine. Lara Honos-Webb, Ph.D., is a licensed clinical psychologist in private practice in Walnut Creek, CA. She is author of *The Gift of ADHD*, *The Gift of ADHD Activity Book*, *Listening to Depression*, and more than twenty-five scholarly articles. Her work has been featured in *Newsweek*, the *Wall Street Journal*, *Publishers Weekly*, and many newspapers across the country. She has appeared on national radio and television programs. Honos-Webb specializes in the treatment of ADHD, depression, and the psychology of pregnancy and motherhood and speaks regularly on these topics. She completed a two-year postdoctoral research fellowship at the University of California, San Francisco, and has been an assistant professor teaching graduate students. Foreword writer Scott M. Shannon,...



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