

## Common Edible Useful Plants of the West

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## Reviews

It in a of the best publication. It really is loaded with knowledge and wisdom You may like the way the blogger write this ebook. (Prof. Shannon Wehner PhD)

## COMMON EDIBLE USEFUL PLANTS OF THE WEST



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Naturegraph Publishers, Inc., 1976. Paperback. Book Condition: New. Revised ed.. 178 x 135 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How the Indians, pioneers, and the early Spanish-Americans used many of the common wild plants for food, and medicinal uses, also including making shelters or making artifacts. This book has the answers Young Bracken fern shoots substitute for asparagus, clover for tea. Try a decoction made from mugwort next time you get poison oak. Plants are listed in categories such as water plants, shrubs, herbs, trees, vines with an illustration to help in identification. Warning is given to avoid poisonous plants.

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