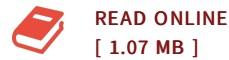


Piece of Cake Paleo - Effortless Paleo Breakfast Recipes (Paperback)

By Jack Roberts

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Piece of Cake Paleo is THE cookbook for cooking while following the Paleo diet. Are you finding it painfully difficult to keep yourself from eating breads, and sweet indulgences with your breakfast? Clueless and overwhelmed when asked to make real food that s actually tasty? Humiliated because nobody wants to eat what you make? Sick and tired of always feeling hungry? Dreading the tasty treats restrictions placed on you? Loath the world as you watch them indulge in tasty breakfasts while you settle for your everyday eggs? Ever feel helpless and misunderstood when trying to justify your boring cooking concoctions? Ever feel like this so-called healthy eating Paleo lifestyle is actually making your life miserable? Well now we have Effortless Paleo Breakfast Recipes! The purpose of this book is to: - Provide genuine, easy, quick, and delicious recipes for people who don t have a lot of time to be in the kitchen - Make the Paleo diet easy for ANYONE to follow by providing substitutes for your favorite foods (think bagels, pancakes, waffles, and more) - Provide amazing breakfast recipes so you...



Reviews

An incredibly wonderful ebook with perfect and lucid explanations. I really could comprehend every little thing using this written e publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Tomas Flatley**

A really great publication with lucid and perfect reasons. I have read through and i am confident that i am going to gonna read yet again yet again down the road. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Cade Nolan**