



# God s Unconditional Love: Healing Our Shame (Paperback)

By Wilkie Au, Noreen Cannon Au

Paulist Press International, U.S., United States, 2016. Paperback. Condition: New. Language: English. Brand New Book. While God s Unconditional Love focuses on the Christian approach to the healing and transformation of shame, it is a book that will appeal to everyone who experiences shame. The book attempts to reinforce the new Christian narrative that asserts without qualification that God s love is merciful and seeks to soften our troubled hearts and to quiet the anxiety that drives our need to do everything just right. We need but open ourselves to hear God s voice reassuring us, I love you, no matter what! Using Scripture and the practice of imaginative contemplation, this book will help readers be open to a deepening knowledge of God s unconditional love. Highlights: \* It integrates psychology and spirituality to present a holistic spirituality \* It offers useful spiritual exercises and points for reflection at the end of each chapter. \* It is written by authors who have over thirty years of experience in the work of therapy and spiritual direction. \* It is written by authors who have experienced life both as vowed religious and as a married couple.



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