



The Wave: Flowing as Essence

By Lyn L Mayo

Blue Dolphin Publishing, United States, 2007. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.There is a deep urge within each of us to know what existence is all about, to know who we are, to know why we are here. The Wave focuses on the process of unfolding, on discovering the truth of who we are, our connection to all that is, and the endless discoveries of what it is to be divine consciousness in a human form. Each of us has our own unique process of dissolving the illusion inherent in this relative reality in which we live and embracing the absolute reality that is the truth of all existence. We experience some commonality in this adventure. Exploring both our commonality and honoring our individual uniqueness may be useful to each of us. The author grew up active in the Presbyterian Church, with family members and a husband who were clergy of that denomination. Later, she spent fifteen years in the practice of meditation, often spending time visiting an ashram in upstate New York near where she lived, as well as an ashram in India. Later still, she...

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