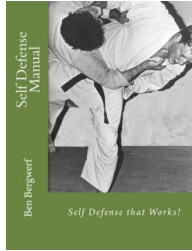


## Self Defense Manual: Self Defense That Works!



### Book Review

This is actually the best book i actually have go through right up until now. It generally will not price an excessive amount of. I discovered this book from my dad and i suggested this book to understand.  
**(Norma Carroll)**

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