## The School Counselor's Mental Health Sourcebook: Strategies to Help Students Succeed



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(Rebekah Becker)

# THE SCHOOL COUNSELOR'S MENTAL HEALTH SOURCEBOOK: STRATEGIES TO HELP STUDENTS SUCCEED



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Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, The School Counselor's Mental Health Sourcebook: Strategies to Help Students Succeed, Rick Auger, The American School Counselor Association (ASCA) National Model urges school counselors to know every student and broaden their knowledge of mental health disorders. With more students in need of mental health services than ever before, the timing is ideal for a guide that equips staff to meet these challenges. The School Counselor's Mental Health Sourcebook provides tools for keeping students on track, including: Methods for addressing many disorders, including anxiety, autism, and other disruptive behavior disorders Intervention strategies that work Effective ways to collaborate with families from various cultures. The impact of culture and race on a child's mental health Communicating with teachers and families about students' needs Rick Auger describes the disorders and strategies with a balance of simplicity and clinical depth. This time-saving resource gives busy school counselors strategies for helping students succeed in school and in life.

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