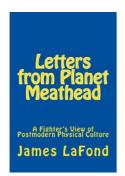
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# LETTERS FROM PLANET MEATHEAD: A FIGHTER S VIEW OF POSTMODERN PHYSICAL CULTURE



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.From 2012 thru 2014 James LaFond investigated the practice and teaching of the combat arts in his hometown of Baltimore Maryland. Letters from Planet Meathead is his journal. Includes: Planet Meathead Rhee, Ali, Lee and Me Why I Am Not A Martial Artist MMA and Honor And over 50 other articles on fighting, training and coaching.

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- Authored by James Lafond
- Released at 2014



Filesize: 8.72 MB

#### Reviews

Excellent electronic book and helpful one. Better then never, though i am quite late in start reading this one. You wont truly feel monotony at whenever you want of your time (that's what catalogues are for relating to when you question me).

-- Mabelle Dach III

Very helpful to all of class of folks. This is certainly for all who statte there had not been a worthy of studying. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Jayda Lehner Jr.

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