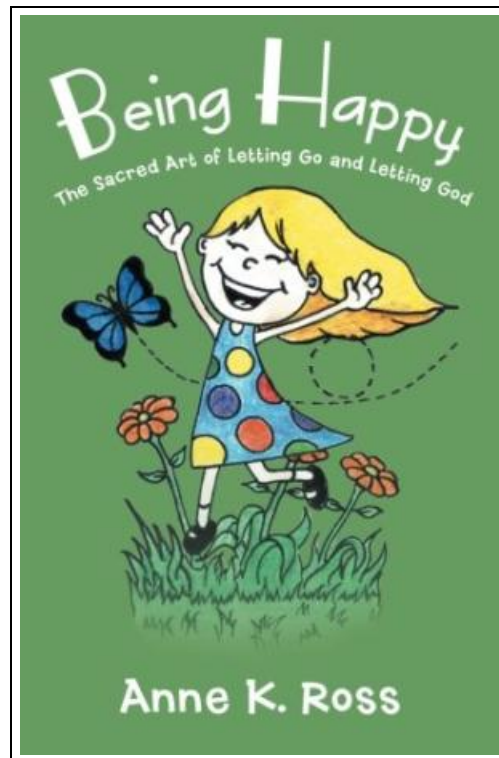


Being Happy: The Sacred Art of Letting Go and Letting God (Paperback)



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Reviews

Thorough manual for publication fanatics. It is actually rally intriguing throug reading through period of time. Its been written in an remarkably simple way and is particularly only after i finished reading through this book in which actually transformed me, change the way i think.

(Morris Schultz)

BEING HAPPY: THE SACRED ART OF LETTING GO AND LETTING GOD (PAPERBACK)



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Balboa Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you looking for help in relationships with family, friends, and co-workers? Do you want more out of life? Do you find yourself blue or depressed? Have you been confused or lost? Have you tried various modalities to get out of the slump, to no avail? Daily use of my tools will help you reach the happiness you desire. I refer to my tools as toys to give you permission to be childlike while taking the power to be your own advocate and BFF (best friend forever). My toys are easy and will teach you that at any moment, even a perceived serious moment, you can have fun. These toys include breathing techniques, meditation, affirmations, intentions, and building solid rapport. Be childlike and playful as you use these toys to release yourself from the hamster wheel you've been on. When did we get so serious about life that it sucked the fun out of fun? Making life a game and having fun are my life's motto and sole purpose. This outlook helps me discover more possibilities in every situation to be happier and more successful. When you play and make life a game, it will lighten any moment or frustration and you will be able to find ways to get over the slump, find the answer, have deeper relationships, and see the next steps on your path. These toys can assist you in discovering the answers you've been looking for. Come play with me!



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