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BEING BRAIN HEALTHY



Rolling Mulligan, United States, 2015. Paperback. Book Condition: New. 227 x 154 mm. Language: English . Brand New Book ***** Print on Demand *****.The journey to wellness when coming back from a brain injury, a TBI, can be a long one. It is one that author Ruth Curran knows well. Faced with a myriad of challenges after her own brain injury, she decided to turn up the volume on the things that she loved and found ways to work through...

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- Authored by Ruth Curran MS
- Released at 2015



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Reviews

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