



The Guru's Gift: A Kundalini Awakening (Paperback)

By Ruth Angela

Lotus-Blessings, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewife's life was thrown into a whirling spiral of mysticism and magic. Using the guru's mantra and practices, Ruth, entered a world of wonder and bliss. Spinning off the ground, reading others thoughts, reading languages never learned, and dancing ecstatically were daily delights that eventually devolved into a hero's journey of cleansing the subconscious of its hidden dragons. As the cleansing process scoured her psyche, nights without sleep, days spent in a living dream, and great winds of depression brought out revengeful ghosts, sucking all the life from the soul. She was on the classical hero's journey towards self-realization, described by Joseph Campbell in The Hero with a Thousand Faces. It had begun in bliss and then became a living nightmare. In 1979 no one in my culture knew anything about such crazy behavior. No one understood this lonely, confusing process where boundaries of time, awareness and self cease to exist. Finally this journey culminated in a climactic but classic ego...

DOWNLOAD



READ ONLINE

[1.53 MB]

Reviews

Simply no words and phrases to clarify. It really is full of knowledge and wisdom You wont feel monotony at at any moment of the time (that's what catalogs are for relating to when you question me).

-- Paolo Spinka

This publication is worth getting. This is certainly for those who statte that there was not a well worth studying. Its been written in an exceptionally simple way in fact it is only after i finished reading through this ebook in which in fact transformed me, modify the way i believe.

-- Mr. Hester Prohaska DVM