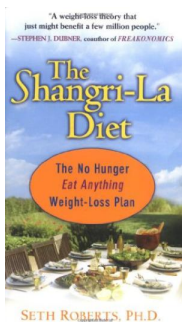


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## THE SHANGRI-LA DIET: NO HUNGER, EAT ANYTHING, WEIGHT-LOSS PLAN



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