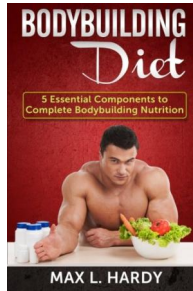


## Bodybuilding Diet: 5 Essential Components to Complete Bodybuilding Nutrition



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