



Its Not Your Fault A Workbook for Parents of Offenders

By Cay Shea Hellervik

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 160 pages. Dimensions: 11.0in. x 8.5in. x 0.4in. Its Not Your Fault is a workbook for parents, family, and friends of parents of offenders or at risk (for criminal behavior) youth. Others who would find this workbook very helpful are: university professors and students, criminal justice and juvenile justice professionals, youth workers, and medical professionals who are working with troubled adolescents, juvenile offenders, children at risk of becoming juvenile delinquents, or their parents. After reading this book, you will end the blame game - where parents and professionals spend valuable time trying to figure out who or what to blame for the child's behavior - and instead you will focus on moving forward. Parents are free to drop the guilt and shame that gets in the way of helping their child and their family. This approach requires the delinquent child to take responsibility for his own actions, and avoids the ineffective, misguided tactics of most treatment programs that seek to find reasons why the child has become a juvenile delinquent - sometimes ending in blaming the parents. This workbook borrows heavily from proven cognitive behavioral therapy techniques where...



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