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THE MIRACLE OF CIDER VINEGAR: PRACTICAL TIPS FOR HOME AND HEALTH

Watkins Media. Paperback. Book Condition: new. BRAND NEW, The Miracle of Cider Vinegar. Practical Tips for Home and Health, Penny Stanway, Cider vinegar enjoys cult status in many countries, including Britain, the US, Canada and Japan, and while there are quite a few books on the subject, there are no others that include additional information on the health benefits of apples and cider. As well as expounding the health-giving and practical properties of apples, cider and cider vinegar, the author...

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- Authored by Penny Stanway
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