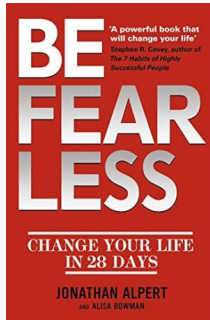


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BE FEARLESS: CHANGE YOUR LIFE IN 28 DAYS



Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Be Fearless: Change Your Life in 28 Days, Jonathan Alpert, Alison Bowman, Psychotherapist Jonathan Alpert wants readers to know one thing: you can face your fear and create your ultimate life - and you can do it quickly. You can find your dream job. You can end that dead end relationship and get the love you want and deserve. You can overcome perfectionism, procrastination, panic, worry, rejection, failure, excuses...

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- Authored by Jonathan Alpert, Alison Bowman
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