



The Birchwood Cafe Cookbook: Good Real Food (Paperback)

By Tracy Singleton, Marshall Paulsen, Beth Dooley

University of Minnesota Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. Creating a better world starts at home--in the kitchen--and for twenty years the Birchwood Cafe has guided diners to live and eat sustainably and joyfully. Now you can sample Birchwood s recipes--adapted for home cooks--and fill your own table with some of the irresistible fare that has made the cafe one of the region s best-loved restaurants. In these pages, find Birchwood s light-hearted, innovative menu: hearty hand pies and multigrain salads, decadent pastries, and award-winning desserts. Organized by eight seasons, these dishes are inspired by the way weather affects our appetites and determines what comes from our land. With Spring, we celebrate beginnings, tossing up fragrant herbs, tender greens, and tart rhubarb. Come Summer, we fire up the grill and get outside; when Scorch hits and those dog days dampen appetites, we whip up cool soups and refreshing salads. Then Autumn, with its collision of apples, pears, pumpkins, and kale; and as Dusk falls, we get cozy with bowls of savory soup. Frost tempts us back to the stove with nourishing roots. Ready for Winter, we gather close with friends near the hearth,...



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