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My Nine Lives A Psychotherapists Journey From Victim To Survivor

By Jane Leigh

AuthorHouse. Hardcover. Book Condition: New. Hardcover. 258 pages. Dimensions: 9.0in. x 6.0in. x 0.8in. This powerfully moving, brutally honest and inspiring memoir tells of the tumultuous life of renowned Melbourne-based Australian psychotherapist and Beyond Blue ambassador, Jane Leigh. Born in Singapore and raised in Perth, Western Australia, Jane's childhood was filled with emotional trauma. As a child, she suffered sexual assault at the hands of her parents and in her adolescent years, by priests of the Roman Catholic Church. At seventeen years of age, Jane was raped then forced into a loveless marriage, leaving her a single mother of two children at the age of twenty-three. Just as Jane began her struggle for survival, she was hit by more devastating news - the savage murder of her uncle David, the only true father she ever had. These events resulted in Jane being diagnosed with chronic depression and finally led to her severe mental breakdown in 2002, where she was confronted with two choices: Give up or stand and fight. Jane chose to confront the crippling impact of her sexual abuse and the aftermath left in the wake of its trauma. From legally confronting the unethical methods of one of Australia's largest...



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Reviews

It is a single of my personal favorite ebook. It really is filled with wisdom and knowledge I discovered this book from my dad and I recommended this book to discover.

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This book is definitely not effortless to start on reading through but extremely fun to learn. Better than never, though I am quite late in starting reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

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