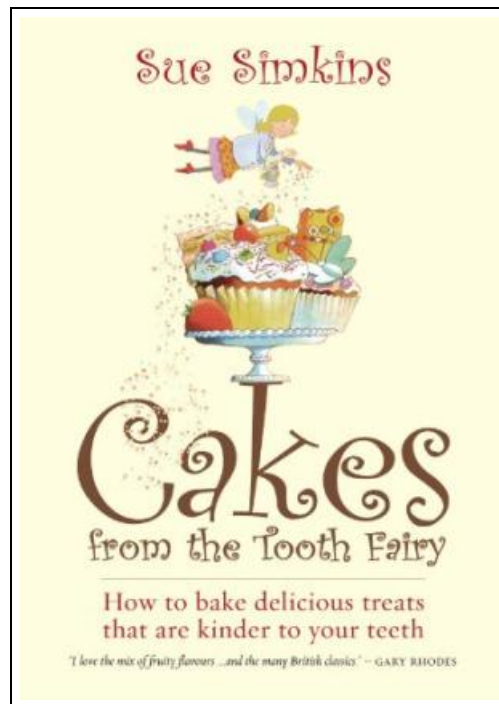


Cakes from the Tooth Fairy: How to Bake Delicious Treats That are Kinder to Your Teeth!



Filesize: 7.08 MB

Reviews

Very helpful to all of class of folks. This is certainly for all who statte there had not been a worthy of studying. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Jayda Lehner Jr.)

CAKES FROM THE TOOTH FAIRY: HOW TO BAKE DELICIOUS TREATS THAT ARE KINDER TO YOUR TEETH!



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Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Cakes from the Tooth Fairy: How to Bake Delicious Treats That are Kinder to Your Teeth!, Sue Simkins, Here is a book full of delicious, simple cake recipes that are much kinder to teeth! Free from regular sugar, the cakes are made with xylitol, also known as birch sugar. Xylitol is a natural substance made from birch bark which has a cariostatic effect that actively inhibits tooth decay. Written in consultation with a qualified dentist, this book is ideal for those baking for (and with) young children; and for anyone who loves cakes and baking but is concerned about caring for their teeth. Light-hearted and fun, yet extremely practical, this little volume is packed full of recipes. They range from expected old favourites such as Fairy Cakes and Butterfly Cakes to the more unusual Marigold Buns, Scented Geranium Cakes, and Courgette Cakes. There are also plenty of tips from the Tooth Fairy on tooth care and even an 'Ask the Tooth Fairy' section which covers intriguing questions such as 'what do the fairies do with all those teeth?' Contents: Acknowledgements; Foreword by Gary Rhodes; Introduction by Murray Hawkins; What is Xylitol?; Oven Temperature Conversions; Useful-sized Baking Tins and Other Handy Bits and Pieces; Baking with Xylitol; 1. Fairy Special Selection; 2. Fruit Fairies; 3. The Fairies' Vegetable Plot Section; 4. Flower Fairies' Selection; 5. Traditional Cake Selection; 6. Plain Scones; Sandwiches and Cheesy Savoury Favourites; Index.



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