



Grief One Day at a Time (Paperback)

By Alan Wolfelt

Companion Press,US, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. After a loved one dies, each day can be a struggle. But each day, you can also find comfort and understanding in this daily companion. With one brief entry for every day of the calendar year, this little book by beloved grief counselor Dr. Alan Wolfelt offers small, one-day-at-a-time doses of guidance and healing. Each entry includes an inspiring or soothing quote followed by a short discussion of the day s theme. This compassionate gem of a book will accompany you.



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