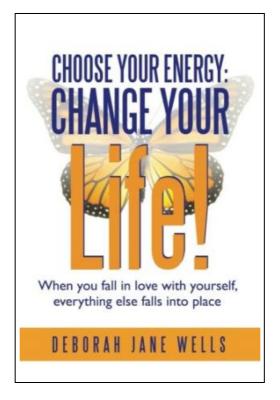
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CHOOSE YOUR ENERGY: CHANGE YOUR LIFE: WHEN YOU FALL IN LOVE WITH YOURSELF, EVERYTHING ELSE FALLS INTO PLACE



Balboa Press. Paperback. Condition: New. 266 pages. Dimensions: 8.9in. x 6.0in. x 0.7in.When love transforms your relationship with yourself, it transforms your personal life, your work, and the world. When your birth includes a near-death experience, you know you are in for a wild ride. A fifty-five-year roller coaster of triumph and burnout led to finding my life purpose more than five decades later. Mine is a story of hope. Yours can be too. As a life coach, organization transformation consultant, Reiki master, artist, author, and broadcast personality, I have pursued a lifelong passion for the transformative power of love. I help individuals and organizations learn to harness that power to step into their greatness. When we choose fear as our fuel, any of usindividuals and organizations alikecan become stuck in the hamster wheel approach to life. Trapped by the mistaken belief that busyness is the same as purpose, we cant stand the way were living but feel powerless to change. As we work together, my clients discover what I discovered: when you fall in love with yourself, everything else falls into place, personally and professionally. Choosing love as your core energy automatically enhances every aspect of your life: your perceptions, opportunities, relationships, and priorities. You get unstuck, reclaim your personal power, and recapture your zest for living, moving yourself forward into a life you love. Instead of choosing to live as a victim of circumstance, consider embracing the power of loving yourself unconditionally through insights, encouragement, clear strategies, and practical tools built on my personal journey, including a sustained eighty-pound weight loss, freedom from a ten-year bout of debilitating depression, and finding my purpose guiding others on their journeys; living in flow, a fluid Journey to Wholeness grounded in who you are being not what you are doing; the...

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