

Life Coaching Journal for Tweens - This Is Sooo Me (Paperback)

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Reviews

Totally among the best ebook I actually have ever go through. It is probably the most awesome ebook we have go through. You can expect to like just how the blogger publish this ebook. (Emiliano Murphy)

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LIFE COACHING JOURNAL FOR TWEENS -THIS IS SOOO ME (PAPERBACK)



Martie Morris Lee, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. We were so excited to find Martie Lee s life coaching series that uniquely combines life coaching and journaling to create a powerful tool to guide all women, teen and tween girls on their life journey to empowerment. I am the executive director of an agency that serves women of all ages and teens and we are using the transformational A Journal for Women as well as the Life Coaching Journals for tweens and Teen Girls, in our programs. -Linda Lyons King, Executive Director, SafeNet This life coaching journal focuses on the positive and will guide you as you design, unleash and launch your dreams, your goals, and your potential as you become a confident and strong young woman that values and honors yourself and is SOOO you. The journal will help you stay on a lifetime path of positive self-talk and healthy self-esteem and it also includes opportunities to open journal about whatever is on your mind or in your heart. The author, Martie Morris Lee is a certified life coach and with this journal, she shares her brand of life coaching and her passion for optimism, growth and healing. The journaling prompts that serve as your life coach are the same prompts that she uses to empower people in her life coaching services, Positive WORKS. Prior to becoming a certified life coach, Martie spent 20 years as an executive director of a non-profit that is in the business of empowering women, teens, tweens and children and she developed several youth personal development programs.

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