



How To Be a Tudor: A Dawn-to-Dusk Guide to Tudor Life (Paperback)

By Ruth Goodman

WW Norton Co, United States, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. On the heels of her triumphant How to Be a Victorian, Ruth Goodman travels even further back in English history to the era closest to her heart, the dramatic period from the crowning of Henry VII to the death of Elizabeth I. A celebrated master of British social and domestic history, Ruth Goodman draws on her own adventures living in re-created Tudor conditions to serve as our intrepid guide to sixteenth-century living. Proceeding from daybreak to bedtime, this immersive, engrossing (Slate) work pays tribute to the lives of those who labored through the era. From using soot from candle wax as toothpaste to malting grain for homemade ale, from the gruesome sport of bear-baiting to cuckolding and cross-dressing-the madcap habits and revealing intimacies of life in the time of Shakespeare are vividly rendered for the insatiably curious.

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