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## Tired of Trying to Measure Up: Getting Free from the Demands, Expectations, and Intimidation of Well-Meaning Christians (Repackaged ed.)

By Jeff Van Vonderen

Baker Publishing Group. Paperback. Book Condition: new. BRAND NEW, Tired of Trying to Measure Up: Getting Free from the Demands, Expectations, and Intimidation of Well-Meaning Christians (Repackaged ed.), Jeff Van Vonderen, Tired Of Trying To Measure Up is written for Christians who live under a deeply ingrained code of written and unwritten expectations and rules that shame them and drain them of spiritual strength. Here are some tell-tale signs: --Always struggling spiritually, but never feeling anything but tiredness. >--Always felling guilty--nothing is ever "good enough."--Rest is impossible--even when it's needed. --Performance expectations prove you'll never "measure up." --The Christian life has ceased to be a joy. If those signs match your experience, this book is for you. The author is not trying to get you to behave in a "Christian" manner. If trying hard were the key to the victorious Christian life, you'd probably be in the hall of fame by now, don't you think? This is a message to help you unmask the lies that keep you on a works-righteousness treadmill, to help you discover the liberation of the gospel of grace in Jesus Christ and the rest that comes through what Christ has done on the cross. When...



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