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Our Children, Ourselves: Overcoming Fear and Stress and Restoring Peace in Our Lives (Paperback)

By Carol Messmer

iUniverse, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What kind of impact have recent events had on today's kids—from the London bombings and 9/11, to the Iraq War and Columbine High School? Many children are distressed and frightened by such events, and parents may not know what to say to address their concerns. In addition, many children are overwhelmed by the everyday pressures to succeed academically, athletically, and socially. Parents face enormous pressure to provide for their families and to help their children develop positive self-concepts through success in overcoming obstacles and achieving their goals. Parents must teach their children about responsibility, character, and integrity—all while the media exposes the latest scandal involving sports idols, government leaders, and others in positions of trust. It's a constant challenge to give children a sense of security in a world where terrorism and war make the daily headlines. With such difficulties facing them, how do parents both protect children and prepare them to feel confident and comfortable in today's world? In *Our Children, Ourselves*, you'll discover techniques for removing the fears of inadequacy and rejection that often intensify children's...



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Reviews

This written book is excellent. It really is really fascinating through studying period. You are going to like the way the writer write this publication.
-- **Hadley Ullrich**

This publication may be worth purchasing. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.
-- **Cassandra Von**