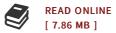


The Vitamin Complex: Our Obsessive Quest for Nutritional Perfection

By Catherine Price

Oneworld Publications. Paperback. Book Condition: new. BRAND NEW, The Vitamin Complex: Our Obsessive Quest for Nutritional Perfection, Catherine Price, Mad vitamin crazes and military rations, super foods and 'micro-nutrients', the clandestine debate over whether Marmite is food or drug: for centuries, we've been fiddling with our food, for better and for worse. In The Vitamin Complex, Price visits the US Combat Feeding Directorate to sample caffeinated meat sticks and investigates the cartel of pharmaceutical companies who control the world's increasingly synthetic vitamin supply. We learn about the raw ingredients in our favourite fortified foods (think acetone and formaldehyde) and meet William Stark, a British man who tried to live on a pudding-only diet - and died at age 29. Our experiments with food have huge consequences. Combining the wit of Mary Roach with the incisiveness of Michael Pollan, The Vitamin Complex is an eye-opening tour of the science of modern food - and what it's doing to our health.



Reviews

Completely one of the best publication I actually have ever study. I really could comprehended almost everything out of this written e publication. Your daily life span will likely be change as soon as you total reading this publication. -- Prof. Adolph Wisoky

Very useful to all of group of folks. I could possibly comprehended every little thing using this created e book. You wont truly feel monotony at anytime of your time (that's what catalogs are for concerning in the event you ask me). -- Claire Carroll DVM

Related PDFs

1		N	
	_		

Becoming Barenaked: Leaving a Six Figure Career, Selling All of Our Crap, Pulling the Kids Out of School, and Buying an RV We Hit the Road in Search Our Own American Dream. Redefining What It Meant to Be a Family in America.

Createspace, United States, 2015. Paperback. Book Condition: New. 258 x 208 mm. Language: English . Brand New Book ***** Print on Demand *****. This isn t porn. Everyone always asks and some of our family thinks it is for sure.but it s not....

ſ	
L	_
L	
L	—

Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...

The Blood Price

Hodder Paperbacks, 2005. Paperback. Book Condition: New. . A new, unread, unused book in perfect condition with no missing or damaged pages. Shipped from UK. Orders will be dispatched within 48 hours of receiving your order. Orders are dispatched Monday â" Friday....

_
=

I Wish My Teacher Knew: How One Question Can Change Everything for Our Kids (Hardback)

The Perseus Books Group, United States, 2016. Hardback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. One day, third-grade teacher Kyle Schwartz asked her students to fill-in-the-blank in this sentence: I wish my teacher knew . The...

1		C	
	_	_	_

Rabin: Our Life, His Legacy

G. P. Putnam's Sons. Hardcover. Book Condition: New. 0399142177 Never Read-12+ year old Hardcover book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE...

٢		Þ	
L	_	_	٦
L			
L			J

Pictorial Price Guide to American Antiques 2000-2001

Studio. PAPERBACK. Book Condition: New. 0140285296 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy-I ship FAST with FREE tracking!!!! * I am a reputable...