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CANDIS Curriculum: A Marijuana Treatment Program for Youth and Adults (Mixed media product)

By Hazelden Publishing

Hazelden Information Educational Services, United States, 2017. Mixed media product. Condition: New. Language: N/A. Brand New Book. An evidence-based, abstinence-oriented cannabis treatment program, CANDIS was developed by Dr. Eva Hoch, an award-winning and internationally renowned expert in the treatment of cannabis use disorder. Using motivational enhancement therapy (MET), cognitive-behavioral therapy (CBT), psychosocial problem-solving (PPS) and contingency management, this program has proven success with its three main objectives for clients: to realize problematic cannabis use, to participate in treatment, and to abstain from use using relapse prevention skills. The CANDIS program begins with a client assessment and continues with ten sessions that focus on: Physical and psychological effects of marijuana. Internal and external triggers. Strategies for change. Co-occurring disorders. Withdrawal and relapse management. Cravings, problem solving, and refusal skills. More than 1,200 health professionals have already been trained in using the CANDIS program in five European countries: Poland, Austria, Luxembourg, Switzerland and Germany. The sessions are: Session 1: Introduction to the CANDIS program Session 2: Benefits of use and benefits of change. Session 3: Understanding cannabis use patterns Session 4: Preparing a target day Session 5: Debriefing the target day, and dealing with cravings Session 6: Relapse prevention Session 7: Problem solving,....



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Reviews

A fresh electronic book with a brand new perspective. It is actually really exciting through reading period of time. I am easily will get a enjoyment of looking at a composed pdf.

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Comprehensive guide! Its this sort of very good go through. It generally is not going to price too much. Its been designed in an remarkably basic way which is simply following i finished reading this pdf where really changed me, affect the way i really believe.

-- **Prof. Jeremie Blanda DDS**