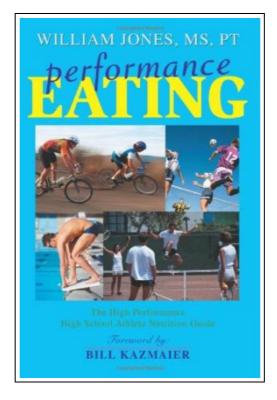
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PERFORMANCE EATING: THE HIGH PERFORMANCE HIGH SCHOOL ATHLETE NUTRITION GUIDE



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