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If Only You Knew: A True Story of Bulimia, Suicide, and a Journey to Hope (Paperback)

By Heidi Jost

Josephine Publishing, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In the spring of 2001, 19-year-old Katrina Wahl told her parents that she was considering suicide: There are only two things holding me back from taking this - the easiest path. The first is the end itself. I don't want it to be messy or unduly painful - or, what's worse - unsuccessful. I would want it to be quick and easy. Less for people to take care of afterwards. The second hesitation factor is friends and family. I don't like to think of how they'd feel after hearing the news. I don't want to hurt them. What would people think? They would probably wonder what on earth could have ailed me so much that I would actually end my life over it. They'd say, There's no reason for it. She had a very good, loving, supportive Christian upbringing and a marvelous family. She was even a Christian herself. Went to church regularly, got good grades, was a hard worker. What went wrong? Seven months later, Katrina's hesitations were gone. The college sophomore s...



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Reviews

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