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OVERCOMING GAMBLING: A GUIDE FOR PROBLEM AND COMPULSIVE GAMBLERS



SPCK Publishing. Paperback. Book Condition: new. BRAND NEW, Overcoming Gambling: A Guide for Problem and Compulsive Gamblers, Philip Mawer, Problem gambling is on the rise. It affects a wide range of people, from teenagers and students to housewives and the retired. Problem gamblers are at greater risk not only of financial disaster, but of relationship breakdown, poor physical health, mental-health problems such as anxiety and depression, and suicide. This book looks at how to stop gambling once and for all....

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