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Physical Education and the Preservation of Health (Classic Reprint) (Paperback)

By John Collins Warren

Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Physical Education and the Preservation of Health Considerations of this description have presented themselves occasionally, as I have been called to observe the evils arising from the prevalent systems of education, and also from too steady an application to literary pursuits in those whose education was completed. At one period, my attention was directed to the unfavorable influence of studious and sedentary habits on health, by the occurrence of alarming indisposition among the members of the sacred profession, a number of whom became its premature and much lamented victims. At another, I witnessed the effects of a mistaken system, on the constitution of multitudes of the fairest work of creative power. I have had the misfortune to behold, when it was too late to apply a remedy, numerous instances of decay in the most vigorous constitutions, and of distortion in the best proportioned forms. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology...



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