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## Culinary Stories of My Mother: Simple Recipes Inspired from a Woman s Journey in France and America (Paperback)

By Galen Gruman

Createspace Independent Publishing Platform, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Food is much more than nourishment. it evokes memo ries through its smells, textures, and appearance. That s why we all love to explore new foods yet are drawn back to the foods our mothers, grandmothers, relatives, and friends served during our childhoods. We all grew up with different cuisines, based on the region in which we lived and the ethnic heritage of our family. My family is no different. My mother, Leah, is French, of French and Swiss heritage, while my father, Ted, is American, of English, Scots, and Irish heritage. But my mother s forebears lived in Indochina for years, so their tastes went beyond traditional French. Over time, my mother s cuisine changed, as she first learned to make traditional American cuisine from my father s mother and then as she sampled California cuisine after having moved to Los Angeles. Foods from friends also made their way into the family s cuisine, taking its simple French bedrock and adding to it classic Northeast American, Middle Eastern, Mediterranean, Californian, Japanese, and other flavors. The result is a...



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