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10-DAY GREEN SMOOTHIE CLEANSE JOURNAL: A MUST HAVE FOR ANYONE ON A 10 DAY GREEN SMOOTHIE CLEANSE



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.**Price Reduced for Spring Sale***Use the 10-day Green Smoothie Cleanse Journal to help you track your progress, establish goals and stay focused while detoxifying your body on a green smoothie cleanse. This journal contains fill-in-the-blank sections to track meals, calories and other vital information. Write down how you feel and take note of the results...

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- Authored by Sarah Rachel
- Released at 2014



Reviews

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