



## Tibetan Medicine and Other Holistic Health Care System

By Tom Dummer

Paljor Publications, New Delhi, India. Book Condition: New. Dust Jacket Condition: New. First Edition. Western interest in Eastern forms of medicine such as acupuncture is wide-spread and growing-yet little attention has so far been given to Tibetan medicine. Tom Dummer describes its concepts and practice in a non-traditional way, thus making it more readily accessible to the Western mind. Beginning with an explanation of the basic elements of Tibetan medicine he describes the relevance of certain Buddhist concepts; the Tibetan analysis of bodily functions; functions; concepts of health and susceptibility to disease and methods of diagnosis and treatment. Analyses of the similarities between Tibetan and western holistic medicine to show how they may be practiced in conjunction is an important contribution by the author in the field of medicine.



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