



DIY Protein Bars: The Best Homemade Protein Bars Recipes (Paperback)

By Kelly R

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.DIY Protein bars The Best Homemade Protein Bars Recipes Protein bars can either be bought from stores or made at home. Most people prefer making them at home, since they will use the ingredients of their choice, and as well as ensure a healthy living by avoiding artificial ingredients and sticking to the natural ingredients. They also provide you with much convenience, since they can be eaten at any time and at any place. You will learn how to prepare your own protein bar of choice step-by-step until you are done in a very simple manner. The following recipes are presented in this book: Granola bars Candy bars Chocolate pumpkin Chocolate Star crunch Bars Protein Brownies Muesli Protein Bars Rice Krispy Treats Quinoa Protein Bars And much more! Download your copy of DIY Protein bars by scrolling up and clicking Buy Now With 1-Click button.

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