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Sacred Contracts (Paperback)

By Caroline Myss

Transworld Publishers Ltd, United Kingdom, 2002. Paperback. Condition: New. Language: English . Brand New Book. The author of the international bestsellers Anatomy of the Spirit and Why People Don't Heal and How they Can presents an exciting, highly original programme in this fascinating book. As a medical intuitive, Myss has found that people generally don't understand their purpose in life, which has led to a spiritual malaise of epidemic proportions. This metaphysical disease in turn leads to depression, anxiety, fatigue and eventually, physical illness. But our purpose - our individual Sacred Contract - is often difficult to comprehend. Caroline Myss has developed an enjoyable and ingenious process for deciphering your own Contract that builds on the works of Jung, Plato and contemporary thinkers. With her signature motivational style, Myss explains how you can identify your own spiritual energies, or archetypes, and use them to help you find out what you are here on earth to learn and whom you are meant to meet. In coming to know your archetypal companions, you will also begin to see how to live your life in ways that make the best use of your personal power and lead you to fulfil your...


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