



YOGA a Step-By-step Guide

By Jones, Annie

Element Books, Shaftesbury, Dorset, 1999. Printed Boards. Condition: ***NEW***. Reprint. 64pp. HARDCOVER ***NEW BOOK*** Size: 12mo - over 63/4" - 73/4" tall.



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Reviews

This publication will never be effortless to get started on reading through but very entertaining to read through. It normally is not going to expense too much. I discovered this publication from my dad and i encouraged this book to find out.

-- **Otilia Schinner**

Very beneficial to all of type of individuals. This can be for those who statte that there had not been a really worth reading. You will not really feel monotony at at any time of your respective time (that's what catalogs are for concerning should you ask me).

-- **Michale Shields**

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