



Fish Recipes for Kids: A Way to Hide and Eat Fish Without Knowing (Paperback)

By Marta Ortiz

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book brings you over 30 fish recipes so that your kids eat fish without even knowing. Recipes include: SERRANO HAM FISH CROQUETTES-FISH AND SEAFOOD PAELLA-FISH TEMPURA-FISH FINGERS WITH HAM CHEESE-FISH AND MUSHROOM CREPES-FISH AND CHORIZO QUICHE-FISH EMPANADAS-PASTA IN FISH PESTO SAUCE-TUNA NOODLE CASSEROLE-FISH STUFFED EGGS-COD A LA BRAS and many more Every recipe has very detailed instructions and picture. They all are very simple and quick to prepare. The fish is disguised using clever and proven techniques, such as special ingredients or imaginative ideas which hide the taste of the fish. It really makes fish tasty and fun. Have you tried everything to get your family to enjoy eating highly nutritional fish meals but got tired of having to bend everybodys arm? Did you know that a healthy diet includes at least 3 portions of fish per week? Well, what are you waiting for? If you no longer want to struggle to get them to eat fish and if you want everyone in your family to enjoy the benefits of fish and start eating it without a fuss,...



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