



Face It with Love: The Guide to Conquering (Paperback)

By Kim Moore

BookBaby, 2016. Paperback. Condition: New. Language: English . Brand New Book. Face It with Love: The Guide to Conquering Fear is an authoritative guide to help readers identify the fear that holds them back, get in the room with fear and overcome it for good. By facing fear readers are ignited to fulfill their dreams. Today, perhaps like no other time in modern history people are being gripped, crippled and ridiculed by fear. Threats at home and abroad loom large for many. Self-help remedies like: eating healthier, working out, listening to ocean sounds and other stress reducing activities only postpone our appointment with fear. Inevitably, all must face fear! There is only one antidote to fear and we need it in massive doses. That s because fear stands in the way of everything we want. Fear stops us from experiencing fulfillment in life, relationships and realizing our highest aspirations and deepest desires. None of us are immune to fear. We experience it every day. Some people fear rejection. Some fear failure or pain. Some of us have had terrible tragedies that stop us from pursuing our goals. Whatever fear you have to face, you will be able to conquer it...



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