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Living Well with Graves Disease

By Mary J. Shomon

HarperCollins Publishers Inc, United States, 2007. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book. From patient advocate and author of Living Well with Hypothyroidism Mary J. Shomon, here is a holistic roadmap for diagnosis, treatment and recovery for the millions of people suffering from Graves disease and hyperthyroidism. There are an estimated 3 million-plus Americans suffering from Graves disease and hyperthyroidism, and patient advocate Mary J. Shomon will guide them through the diagnosis and the wide-ranging treatments available. Graves disease and hyperthyroidism are the result of the thyroid gland being overactive. This gland controls the body's metabolism, so people afflicted with the disorder can suffer from symptoms such as significant weight loss, fatigue, muscular weakness, and rapid heartbeat, among others. In addition to conventional treatments, this resource uniquely highlights holistic treatments, and through case studies and testimonials from patients and doctors, presents an honest look at the lifestyles and choices of people living with these conditions. Shomon presents the reader with a comprehensive resource that spans from diagnosis to treatment to life after treatment. She goes beyond the conventional advice of other books, utilizing patient anecdotes and, as a fellow thyroid disease patient, her...



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Reviews

Very helpful to any or all category of folks. It is written in simple phrases rather than difficult to understand. It has been developed in an exceptionally simple way and is particularly just after I finished reading this pdf in which basically transformed me, modify the way in my opinion.

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